IMPORTANT UPDATE

IF YOU GET SNAP FOOD ASSISTANCE BENEFITS

NJ SNAP food assistance

NOV 2025

New Jersey was notified by the federal government that if the shutdown continues, November 2025 SNAP benefits will not be available on November 1.

SNAP benefits loaded on your Families First EBT card prior to October 31, 2025 will be available for you to use after November 1, 2025. Before going to the grocery store after November 1, we encourage SNAP food assistance recipients to check their account at **NJFamiliesFirst.com** or by calling **800 997-3333**. If there are SNAP benefits in your NJ FamiliesFirst account, they are available for you to use.

Please note, you may receive eligibility notices and your MyNJHelps case summary may show that you are eligible for November benefits. Even though you may receive an eligibility notice and the benefits show in your case summary, if the federal shutdown continues, November 2025 SNAP benefits will not be posted to your Families First EBT card on time.

Because November SNAP benefits are not available as a result of a federal shutdown, fair hearings will not be scheduled for this issue.

SNAP applications and recertifications will be processed. Continue to submit requested information to ensure you get your benefits when federal SNAP funding becomes available.

Visit NJSNAP.gov

State of New Jersey
Phil Murphy, Governor | Tahesha L. Way, Lt. Governor

HUMAN SERVICES **Department of Human Services**
Sarah Adelman, Commissioner

NJ SNAP food assistance