
COMMUNITY RESOURCES

MONMOUTH COUNTY



Aberdeen, Allenhurst, Allentown, Asbury Park, Atlantic Highlands, Avon-by-the-Sea, Belmar, Bradley Beach, Brielle Colts Neck, Deal, Eatontown, Englishtown, Fair Haven, Farmington, Freehold Borough, Freehold Township, Hazlet, Highlands, Holmdel, Howell, Interlaken, Keansburg, Keyport, Lake Como, Little Silver, Loch Arbour, Long Branch, Manalapan, Manasquan, Marlboro, Matawan, Middletown, Milestone, Monmouth Beach, Neptune, Neptune City, Ocean, Oceanport, Red Bank, Roosevelt, Rumson, Sea Bright, Sea Girt, Shrewsbury Borough, Shrewsbury Township, Spring Lake, Spring Lake Heights, Tinton Falls, Union Beach, Upper Freehold, Wall, West Long Branch

TRANSPORTATION

Modivcare Medical Transportation

 **Phone Number:** (866) 527-9933 - Call to schedule.

 **Website:**
<https://tripcare.modivcare.com/login>

Free, "non-emergency medical transportation" (NEMT) rides are available for eligible individuals to obtain medically necessary covered services. Passengers should call to request their rides two days prior to their appointment. To book your appointment, ensure you have your NJ FamilyCare ID number, pick-up address and zip code, name phone number and address of medical provider, appointment time and date, and special transportation needs.

NJ RideShare

 **Website:**
<https://www.njrideshare.com/rp2/signup>

NJ Rideshare is a resource for finding a better way to commute in New Jersey. The FREE ride matching service connects people to rides with New Jersey's largest commuter network. Finding a carpool or vanpool that fits your schedule is easy. Personalized public transit and park-and-ride options are also available.

Monmouth County Division of Transportation - Ride in Monmouth

 **Phone Number:** (732) 431-6480 - Call to schedule four days in advance.

 **Website:**
<https://www.visitmonmouth.com/Page.aspx?Id=2900>

This service offers demand-responsive transportation for seniors (60+), individuals with disabilities, and veterans. Services include shared rides to medical appointments, dialysis centers, grocery stores, and veterans' hospitals. Reservations should be made at least four days in advance. Hours include Monday-Friday 7:30am-3:30pm

Monmouth County Wellness Transportation Program

 **Phone Number:** (732) 431-7448

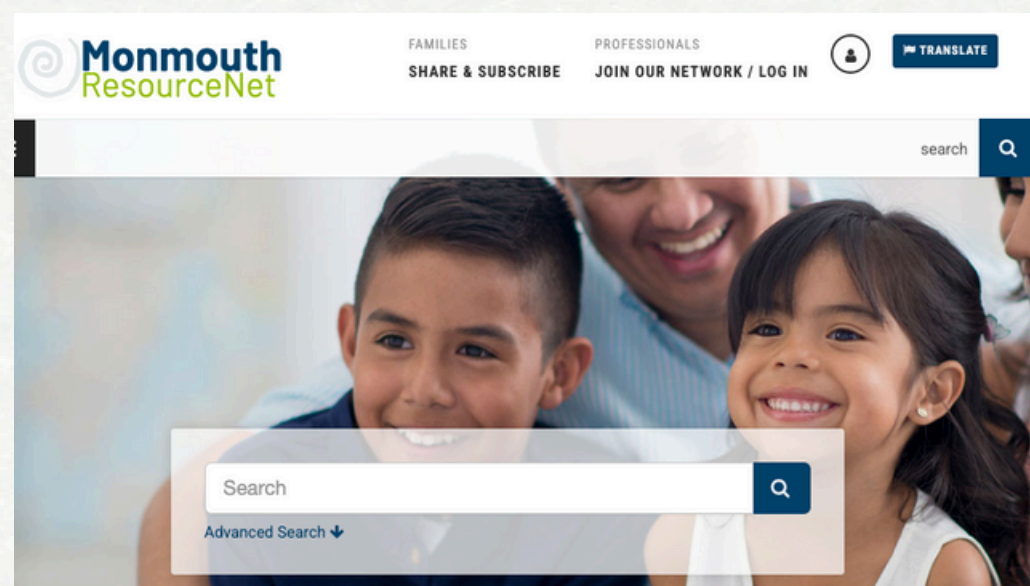
 **Website:**
<https://www.monmouthresourcenet.org/search/monmouth-acts-monmouth-county-wellness-transportation/>

Monmouth County has partnered with EZ Ride to provide essential transportation services for residents who face challenges accessing necessary transportation to doctor's appointments, pharmacy visits, health department events and access to food shopping and food pantries.

Monmouth County Transportation Resources

 **Website:**
<https://www.monmouthresourcenet.org/search/monmouth-county-transportation-resources/>

Visit the website to explore a comprehensive list of transportation resources, including specialized services for older adults, individuals with disabilities, low-income families, and others in need.





NJ Transit Access Link

 **Phone Number:** (973) 491-4224
 **Website:**
<https://www.njtransit.com/accessibility/access-link-ada-paratransit>

NJ TRANSIT's ADA paratransit program known as Access Link was established to provide public transportation to people with disabilities who are unable to use the local bus service according to the American with Disabilities Act (ADA). Ride with Access Link or any other NJ TRANSIT mode for some or all transportation needs. Visit the website for more details. Consider downloading the "NJ Transit Access Link" mobile application, available in the Apple App Store and Google Play.

MEDICAL

Monmouth Family Health Center (MFHC) 270 Broadway (Main Facility)

 **Phone Number:** (732) 923-7100
 **Address:** 270 Broadway, Long Branch, NJ 07740

Federally qualified health center that serves all individuals regardless of immigration status. Offers sliding scale fee. Offers dental services as well.

Monmouth Family Health Center (MFHC) 80 Pavilion (Women's Wellness Center)

 **Phone Number:** (732) 923-7100
 **Address:** 80 Pavilion Ave, Long Branch, NJ 07740

Federally qualified health center that serves all individuals regardless of immigration status. Offers sliding scale fee.

Monmouth Family Health Center (MFHC) 335 Broadway (Dental Center)

 **Phone Number:** (732) 923-7100
 **Address:** 335 Broadway, Long Branch, NJ 07740

Federally qualified health center that serves all individuals regardless of immigration status. Offers sliding scale fee.



Visiting Nurse Association of Central Jersey Community Health Center (VNACJ CHC) - Asbury Park

 **Phone Number:** (732) 774-6333
 **Address:** 1301 Main St, Asbury Park, NJ 07712

Federally qualified health center that serves all individuals regardless of immigration status. Offers sliding scale fee.

Visiting Nurse Association of Central Jersey Community Health Center (VNACJ CHC) - Keyport

 **Phone Number:** (732) 888-4149
 **Address:** 35 Broad St, Keyport, NJ 07735

Federally qualified health center that serves all individuals regardless of immigration status. Offers sliding scale fee. Offers dental services as well.

Visiting Nurse Association of Central Jersey Community Health Center (VNACJ CHC) - Red Bank

 **Phone Number:** (732) 219-6620
 **Address:** 64-66 Bridge Ave, Red Bank, NJ 07701

Federally qualified health center that serves all individuals regardless of immigration status. Offers sliding scale fee.

Visiting Nurse Association of Central Jersey Community Health Center (VNACJ CHC) – Freehold

 **Phone Number:** (732) 294-2540
 **Address:** 597 Park Ave, Freehold, NJ 07728

Federally qualified health center that serves all individuals regardless of immigration status. Offers sliding scale fee.

Ocean Health Initiatives – Freehold

 **Phone Number:** (732) 363-6655
 **Address:** 20 Jackson St, Freehold, NJ 07728

Federally qualified health center that serves all individuals regardless of immigration status. Offers sliding scale fee.

Monmouth County Tuberculosis Control Program

 **Phone Number:** (732) 294-2540
 **Address:** 3435 Highway 9 North, Freehold, NJ

TB testing and treatment.

Hackensack Meridian Health Jersey Shore Medical Center Infectious Disease Screening Center & Sexually Transmitted Infection Clinic

 **Phone Number:** (732) 869-5702
 **Address:** 1828 West Lake Ave, Suite 203, Neptune, NJ 07753

Tuesdays 9:00am-12:00pm; 3:00pm-5:30pm. No appointment required. Free and confidential testing for residents of Hamilton Township, East Windsor, Ewing, Highstown, Hopewell, Hopewell Township, Lawrence, Pennington Princeton, Robbinsville, and West Windsor.

Charity Care – New Jersey Hospital Care Payment Assistance Program

 **Website:**
<https://www.nj.gov/health/charitycare/>

The New Jersey Hospital Care Payment Assistance Program (Charity Care) is available to patients for inpatient and outpatient services at all acute care hospitals throughout New Jersey. Medically necessary services may be eligible for patients who meet income and asset criteria. All individuals, regardless of immigration status, may qualify for Charity Care, provided they meet the established eligibility criteria.

Middletown Lions Club Vision Assistance

 **Phone Number:** (732) 996-7495

The Middletown Lions Club provides free vision care to local residents who demonstrate financial need. Services include eye exams by qualified physicians, eyeglasses, and follow-up vision screenings. They have also subsidized cataract and other corrective surgeries for uninsured or under-insured individuals.

Monmouth County Division on Aging, Disabilities, & Veterans Services

 **Phone Number:** (732) 431-7450 (Aging Office); Veterans’ Office (732) 683-8675
 **Address:** 3000 Kozloski Rd, Freehold, NJ 07728
Operating under the Division on Aging, Disabilities & Veterans Services, this office offers durable medical equipment, accessible recreation, Camp Oakhurst (recreational programs for adults with disabilities, including transportation), and the Personal Assistant Services Program (PASP).

Wellness Discount Program

 **Phone Number:** 1 (800) 491-4224
 **Website:** <https://www.coast2coastrx.com/>

The Monmouth County Wellness Discount Program provides discounts for residents on prescription drugs, eye care, hearing aids, diabetic medications and supplies and dental care through the Coast2Coast Rx card program.

Parker Family Health Center (Dental)

 **Phone Number:** (732) 212-0777
 **Address:** 211 Shrewsbury Ave, Red Bank, NJ 07701

Provides comprehensive dental care regardless of insurance status or ability to pay. Sliding scale fee, accepts Medicaid and uninsured patients.

Parker Family Health Center (Dental)

📞 **Phone Number:** (732) 212-0777

📍 **Address:** 211 Shrewsbury Ave, Red Bank, NJ 07701

Provides comprehensive dental care regardless of insurance status or ability to pay. Sliding scale fee, accepts Medicaid and uninsured patients.

MENTAL & BEHAVIORAL HEALTH

Division of Behavioral Health (Mental Health and Substance Use Services)

📞 **Phone Number:** (732) 431-6451

🌐 **Website:**

<https://www.visitmonmouth.com/Page.aspx?Id=5009>

The Monmouth County Division of Behavioral Health serves residents through mental health and substance use services resources. In 2020, the Monmouth County Board of County Commissioners combined the offices of mental health and addiction services as a step towards becoming stigma free.

NAMI Greater Monmouth

📞 **Phone Number:** (732) 431-6451

🌐 **Website:**

<https://www.visitmonmouth.com/Page.aspx?Id=5009>

✉ **E-mail:**

nami.greater.monmouth@gmail.com

NAMI Greater Monmouth, part of the larger NAMI national organization, is a non-profit that provides local mental health resources, such as peer support groups and caregiver support groups. Contact NAMI Greater Monmouth for more specific details on programming and services.

NAMI Greater Monmouth

📞 **Phone Number:** (732) 542-6422

🌐 **Website:**

<https://mentalhealthmonmouth.org/>

A local mental health non-profit, part of the larger national Mental Health America, offers free programs and services prioritizing prevention, early intervention, and integrated care.

Crisis & Support Hotlines

📞 **Phone Number:** 988

Call or text for immediate mental health support.

2NDFLOOR Youth Helpline

📞 **Phone Number:** 1 (888) 222-2228

Confidential support for youth and young adults ages 10-24.

NJ Mental Helth Cares

📞 **Phone Number:** 1 (888) 202-4357

State's behavioral health information and referral service.

NJ Children's System of Care

📞 **Phone Number:** 1 (877) 652-7624

🌐 **Website:** <https://www.performcarenj.org/>

Contact NJ Children's System of Care to access behavioral health, intellectual/developmental disability services, and substance use treatment across New Jersey.

Red Bank Resource Network

📞 **Phone Number:** (732) 542-6422

📍 **Address:** 103 Drs James Parker Blvd, Suite B, Red Bank, NJ 07701

Free bilingual community walk-in center offering comprehensive health, housing, food, social, and financial resources. Services include outpatient counseling, mental health support groups, benefits application assistance, and job search support.

Monmouth Medical Center - Psychiatric Emergency Screening Services (PESS)

📞 **Phone Number:** (732) 542-6422

📍 **Address:** 103 Drs James Parker Blvd, Suite B, Red Bank, NJ 07701

Free bilingual community walk-in center offering comprehensive health, housing, food, social, and financial resources. Services include outpatient counseling, mental health support groups, benefits application assistance, and job search support.

FPC Food Outreach

📞 **Phone Number:** (732) 775-8174
 📍 **Address:** 142 Oxonia Avenue, Neptune, NJ 07753

Offers free groceries on the first and third Saturdays (12:00pm-2:00pm) and Mondays and Wednesdays in some weeks; must bring photo identification and the number of household members.

Fulfill NJ – Neptune Township Pantry

📞 **Phone Number:** (732) 918-2600
 📍 **Address:** 3300 New Jersey 66, Neptune Township, NJ 07753

Drive-up food pantry that services Monmouth County and Ocean County; must bring photo identification and proof of residence.

Bradley Food Pantry

📞 **Phone Number:** (732) 918-2600
 📍 **Address:** 3300 New Jersey 66, Neptune Township, NJ 07753

Drive-up food pantry that services Monmouth County and Ocean County; must bring photo identification and proof of residence.

St. Peter Claver Pantry (Asbury Park)

📍 **Address:** 1419 Springwood Ave, Asbury Park, NJ 07712

Must bring photo identification and own bags/cart; Food distributions on Thursdays from 10:00am-1:00pm.

Greater Emanuel Food Pantry

📞 **Phone Number:** (732) 774-1963
 📍 **Address:** 401 Drummond Ave, Neptune City, NJ 07753

Monthly grocery pantry that occurs on the second Tuesday of each month from 12:00pm-2:00pm. Must call ahead and bring two photo identifications.

Second Baptist Church Pantry

📞 **Phone Number:** (732) 774-5347
 📍 **Address:** 124 Atkins Ave, Asbury Park, NJ 07712

Pantry distribution twice a month on the second and last Saturday of the month from 12:00pm-2:30pm. Must bring photo identification and proof of residence.

Mt. Olivet – Heaven’s Grocery

📍 **Address:** 1707 Washington Ave, Neptune City, NJ 07753

Free groceries twice a month on the first Wednesday 3:00pm-5:00pm and second Sunday 1:00pm-3:00pm.

Monmouth County Pantries and Soup Kitchens

For more information on local county pantries and soup kitchens, refer to the flyer embedded in the resource guide. Be sure to contact each respective site to confirm times, addresses, and requirements, as some sites may require multiple forms of identification and or proof of residency.



EMPLOYMENT

Monmouth County Workforce Development

 **Phone Number:** (732) 683-8850 ext 6011
 **Address:** 17 Christopher Way, Eatontown, NJ 07724 and 60 Taylor Ave, Neptune City, NJ 07753 (One-Stop Career Center)
 **Website:** <https://www.visitmonmouth.com/Page.aspx?Id=3902#:~:text=The%20Division%20of%20Workforce%20Development,job%20find%20a%20better%20job.>

The Division of Workforce Development at Monmouth County Workforce Development provides various job resources to adults and youth.



Headquarters Library

 **Phone Number:** (732) 431-7220 ext (7222)
 **Address:** 125 Symmes Dr, Manalapan, NJ 07726
 **Website:** <https://monmouthcountylib.org/special-services-and-collections/career-infomation-center/>

Visit the Headquarters Library to access in-person career center resources, also available online.

Eastern Branch Library

 **Phone Number:** (732) 683-8980
 **Address:** 1001 Route 35, Shrewsbury, NJ 07702
 **Website:** <https://monmouthcountylib.org/special-services-and-collections/career-infomation-center/>

Visit the Headquarters Library to access in-person career center resources, also available online.

GENERAL ASSISTANCE

Monmouth County Division of Social Services (Freehold)

 **Phone Number:** (732) 431-6000; For clients only (800) 662-3114
 **Address:** 3000 Kozloski Rd, Freehold, NJ 07728

Hours of operation are Monday through Friday 8:30am-4:30pm. For after-hours emergencies, call (732) 431-6000. Languages spoken include English and Spanish. Call in advance to arrange interpretation for Arabic, Chinese, German, Hungarian, Italian, Vietnamese, or Hindi.

Monmouth County Division of Social Services (Ocean Township)

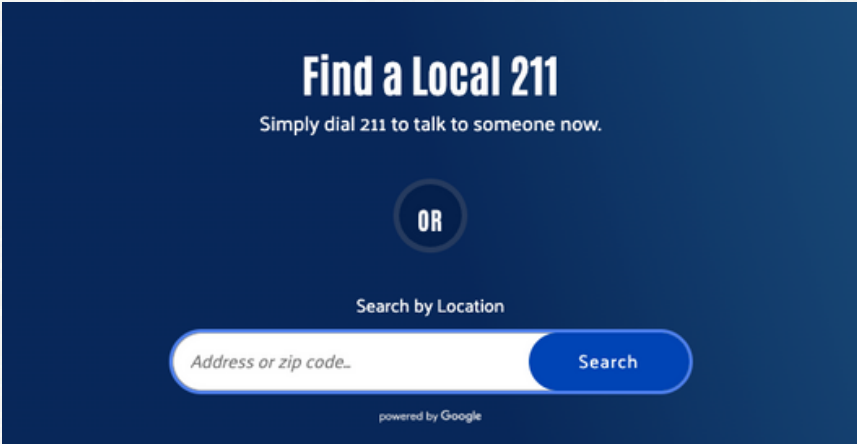
 **Phone Number:** (732) 431-6000; For clients only (800) 662-3114
 **Address:** 2405 Route 66, Ocean, NJ 07712

Hours of operation are Monday, Wednesday, Thursdays, and Friday 8:30am-4:30pm. Tuesday 8:30am-8:00pm. Languages spoken include English and Spanish. Call in advance to arrange interpretation for Arabic, Chinese, German, Hungarian, Italian, Vietnamese, or Hindi.

211

 **Phone Number:** 211
 **Website:** <https://www.211.org/>

211 connects you to expert, caring help. Every call is confidential. Various resources are available on the website, including but not limited to caregiver resources, mental health, newly-arrived immigrant resources, and more. Enter your zip code for more local resources.



CAREGIVING

Monmouth County Office on Aging, Disabilities, & Veteran Services

📞 **Phone Number:** (732) 431-7450

📍 **Address:** 3000 Kozloski Rd, Freehold, NJ 07728

🌐 **Website:** <https://monmouthadvs.com/>

The central hub for aging services, caregiver support, and disability resources. Programming includes caregiver support groups, respite care, information and referral, as well as benefits and counseling.

Jewish Family & Children's Service of Monmouth County

📞 **Phone Number:** (732) 774-6886

📍 **Address:** 705 Summerfield Ave, Asbury Park, NJ 07712 (Asbury Park office); 25 Kilmer Dr, Building 3, Suite 212, Morganville, NJ, 07751 (Morganville Office)

🌐 **Website:** <https://www.jfcsmonmouth.org/>

Jewish Family & Children's Service of Monmouth County provides caregiver counseling, elder care management, and support groups.

Visiting Nurse Association (VNA) of Central Jersey

📞 **Phone Number:** (732) 774-6886

🌐 **Website:** <https://vnahg.org/>

Visit or call the VNA of CJ to access services related to home health, hospice care, visiting physician, palliative care, and children & family health.

Jersey Assistance for Community Caregiving (JACC)

🌐 **Website:** <https://vnahg.org/>

JACC is a state-funded program that provides a range of in-home and community-based services to individuals 60 and older who meet clinical eligibility for nursing home level of care and who desire to remain in their homes within the community. For more information, visit the website. Brochures are available in English and Spanish.

New Jersey Child Care Assistance Program (CCAP)

📞 **Phone Number:** (609) 989-7770, option 2

📍 **Address:** 1001 Spruce St, Suite 201, Trenton, NJ 08638

🌐 **Website:**

<https://www.childcarenj.gov/parents/ccap>

The New Jersey Department of Human Services (DHS), Division of Family Development (DFD) oversees the New Jersey Child Care Assistance Program (CCAP), which can help income-eligible parents who are working, in school, or in job training to pay for child care.

Visit the website to learn about how the program works, eligibility, applying for assistance, staying in compliance with program regulations, and maintaining your child care assistance benefits.

Navigate to the end of the website, under "Documents" to retrieve the NJ Child Care Assistance Program Application in English and En Español. **Available to clients in all counties of New Jersey.**

Child Care Resources of Monmouth County (CCRMC)

📞 **Phone Number:** (732) 918-9901

🌐 **Website:** <https://ccrnj.org/>

The CCRMC serves as the main resource for childcare assistance in Monmouth County. CCRMC helps families find quality childcare, manages the NJ Child Care Assistance Program (subsidized childcare for income-eligible families), and offers parent education workshops and referrals to licensed centers, family childcare homes, Head Start, and more. Call for more information.

TANF/WorkFirst NJ Childcare Subsidy

📞 **Phone Number:** (732) 431-6000

Families receiving Temporary Assistance for Needy Families (TANF) can receive childcare subsidy.

ENGLISH LANGUAGE LEARNING

Literacy NJ – Monmouth County

📞 **Phone Number:** (732) 571-0209 ext 902

📍 **Address:** 213 Broadway, Room 117, Long Branch, NJ 07740

🌐 **Website:** <https://literacynj.org/monmouth-county/>

Offers one-on-one, virtual or in-person tutoring, plus small group ESL conversation and literacy classes for adults 18+. To enroll, you can apply via the Monmouth affiliate (Literacy NJ Monmouth) by contacting the phone number listed above or visiting the website for updated contact information.

Brookdale Community College (Lincroft & regional campuses)

📞 **Phone Number:** (732) 224-2656

🌐 **Website:** https://www.brookdalecc.edu/academic-institutes-and-departments/humanities-institute/languages-esl/esl-program/?utm_source=chatgpt.com

Non-credit ESL classes are open to Monmouth County residents. These classes include speaking, writing, grammar, and preparation for academic settings, offered both day and evening semesters.

Long Branch Free Public Library

🌐 **Website:** <https://vnahg.org/>

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