

How to Reach Counseling Services at RCHP-AHC I-RISE

Our psychologist at RCHP-AHC, I-RISE is Dr. Bruno Oriti. He is a specialist in counseling with individuals and families from many cultures who have made the challenging journey to the United States. Counseling is there to support the strength and dignity of all the individuals and families in our diverse community. It is a chance to talk, make plans and figure out your best way to live in a new place.

In counseling, people often talk about people they miss or have lost. They also ask about the best ways to manage a stressful situation like health concerns, managing feeling isolated and how to make basic contact with others here in NJ.

They can talk about worries for themselves and their family members who may be struggling. They figure out just what to say to a loved one or what to say to new people they have met, like landlords, doctors, their children's teachers, or new friends. All these are what we need to do after leaving our home for a new place.

Dr. Oriti can be reached by asking your case manager. He can work with a translator and can help locate counseling services who speak your language if needed.

If you prefer, you can reach out directly to Dr. Oriti at:

Email: [Bruno@rchp-ahc.org](mailto: Bruno@rchp-ahc.org)

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